

Dental coverage pays off in more than smiles

Here's something your clients and their employees can likely agree on: Dental coverage is an important part of any benefits plan. In fact, dental insurance is one of the most elected supplemental benefits among employees.¹ And while dental care is primarily about healthy teeth, it's also about a healthy mind and body – and a healthier bank account.



More than 40% of adults report having felt pain in their mouth within the last year.²



Having dental insurance encourages upkeep of oral health that reduces the risk of other medical conditions.⁴



There is a direct connection between a person's dental health and their body, mind, emotional, social and career wellness.³



The U.S. loses more than \$45 billion in productivity each year because of untreated oral disease.³



Poor oral health is connected to cardiovascular disease, diabetes, pneumonia, dementia and rheumatoid arthritis.⁵



Poor oral health during pregnancy can lead to poor health outcomes for mother and baby.⁶

{{Call to Action}}

1 2024-2025 Aflac Workforces Report. "Workplace Benefits Trends Executive Summary." October 2024. [Accessed 01.02.25.](#)

2 CDC. "Oral Health Tips for Adults". Published 05.15.24. [Accessed 01.02.26.](#)

3 CDC. "Preventing Oral Diseases and Conditions in Communities." Published 05.15.24. [Accessed 01.02.26.](#)

4 Forbes. "Is Dental Insurance Worth It?" Updated 01.10.25. [Accessed 01.02.26.](#)

5 Mayo Clinic. "Oral health: A window to your overall health" Published 03.14.24. [Accessed 01.02.26.](#)

6 CDC. "Talking to Pregnant Women about Oral Health". Published 05.15.24. [Accessed 01.02.26.](#)

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NOTICE: The coverage offered is not a qualified health plan (QHP) under the Patient Protection and Affordable Care Act (ACA) and is not required to satisfy essential health benefits mandates of the ACA. The coverage provides limited benefits.

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